

# ROBOT GIVES KNEE PAIN THE *BOOT*



*MAKOplasty offers quick recovery*

Being a couch potato isn't all that it's cracked up to be.

Just ask Paul Komlodi, a 53-year-old Waukesha resident who was sentenced to his family room couch for about 7 years icing his painful knee. He was excluded from family activities, felt like a burden and found his work as a nurse at the Veteran's Hospital very difficult.

Unfortunately, knee problems aren't new to Paul or the more than 15 million adults in the United States who suffer from osteoarthritis of the knee. "Seven years ago I had a total knee replacement at another hospital, resulting in four months of complications," shares Paul. "But due to cracked cartilage in my other

knee and severe pain, I was ready to undergo that same kind of surgery again until my orthopedic surgeon told me about MAKOplasty®."

## **LOVE THE ROBOT**

"Hours after robotic knee surgery last August, I was walking 1,050 feet and working with the physical therapist," exclaims Komlodi. "I feel fantastic! I experienced much less pain and stiffness with MAKOplasty and couldn't feel more positive about the procedure — it's like night and day."

One month after Paul's previous surgery, he was still on his back. This time, only a month after MAKOplasty, Paul was back to 75

percent of normal function. He only spent one night in the hospital, was released 26 hours after surgery and didn't need to rely on a walker.

"This is the most significant advancement in orthopedic surgery in 20 years," explains Daniel Holub, M.D., Paul's orthopedic surgeon who performed the surgery at Oconomowoc Memorial. "Previously, years of pain medication or a full knee replacement were the only options available for our patients who suffered from arthritis in the knees. Now, we offer access to this minimally invasive surgery that treats only the arthritic portion. That means we can spare more bone and tissue for a faster recovery."



TO LEARN MORE ABOUT  
MAKOPLASTY, VISIT  
[WWW.PROHEALTHCARE.ORG/KNEE](http://WWW.PROHEALTHCARE.ORG/KNEE).

*Less than a year after Makoplasty was first introduced at Oconomowoc Memorial Hospital, 100 people have made the life-changing decision to have the procedure.*

## **"GPS" FOR THE KNEE**

MAKOplasty robotic surgery combines three-dimensional images of a patient's knees with global positioning-like technology to align the surgeon-guided robot perfectly. This allows surgeons like Dr. Holub to be much more precise than using their hands alone.

Oconomowoc Memorial is the first in Wisconsin — and 23rd in the world — to offer this extraordinary new technology.

## **LIVING LIFE AGAIN**

Today, Paul is finishing up his master's degree in nursing education and has gone back to work full time, just 8 weeks after surgery. Having completed physical therapy, he now enjoys walking, biking, gardening and looks forward to hiking in the north woods with his four sons and his wife, Diane.

"I'm enjoying the opportunities of doing things with my family again and having fun with life," says Paul.